

# FAMILY DAY



The TOWNSHIP of  
NORTH DUMFRIES

Monday, February 20, 2023

## North Dumfries Community Complex

2958 Greenfield Road, Ayr

**OPEN 9:00 AM – 1:00 PM**

**Keep ACTIVE & have FUN with your family  
by participating in FREE activities at the NDCC!**

### **ON-ICE ACTIVITIES:**

9:00 a.m. – 9:50 a.m. **Parent & Tot skate** (age 6 & under with parent) sponsored by Oakridge Acres

10:00 a.m. – 11:50 a.m. **Family Skate** sponsored by the Germann family, in memory of Josh Germann.

**No registration required.  
Drop in & have fun!**

### **OFF-ICE ACTIVITIES:**

9:00 a.m. – 1:00 p.m. **Walking Track** is open for all to get in some steps! 5 laps around is 1 km.

9:00 a.m. – 1:00 p.m. **North Dumfries Historical Preservation Society** (in the **Fitness Room**) – Learn about our community's heritage through educational & informative displays.

9:00 – 11:00 a.m. **Family Games & Crafts** with Langs (in the **Event Room**) – Drop-in & have fun anytime between 9:00-11:00 a.m.

10:00 a.m. – 12:00 p.m. **Family Crafts & Activities** with Region of Waterloo Library (in the **Seniors Lounge**) – Join library staff for fun activities for all ages! Drop-in anytime between 10:00 a.m.-12:00 p.m.

**The Breakaway Café will be open  
for all your snacking needs!**

#### MacNeil Hall:

Time	Activity
9:00-9:30 a.m.	<b>Family Dance</b> (ages 4 & under with parent/caregiver) with NLC Dance Company
9:30-10:00 a.m.	<b>Family Dance</b> (ages 5 & up with parent/caregiver) with NLC Dance Company
10:00-11:00 a.m.	<b>Family Yoga</b> with Angels Landing Yoga & Wellness – bring a mat and enjoy a yoga class designed for the whole family.
11:30-12:15 a.m. and 12:15-1:00 p.m.	<b>Music &amp; Movement</b> with EarlyON facilitators – children & adults of all ages welcome!

#### **Sponsors:**



**GERMANN FAMILY**  
In Memory of  
Josh Germann

#### **Program Partners:**

